

You can run this for up to 6 classes at any one time e.g. x3 classes of Year 5 \& 6 .
Please do adjust to fit YOUR school - I hope this gives you some ideas.

## Have fun!

Each class of 30 to be split into 6 teams of 5 children* OR 3 teams of 10 children.
*children will have more 'go's'
Ensure teams are fair/mixed ability etc
6 stations set up. Classes rotate around the stations having 2 or 3 minutes to complete each station.
Teachers record the simplified scores after each station (number of cones or tokens the team collects after each activity)

After completing all stations, team scores can be added up.
Other awards: teamwork, honesty, determination, respect can also be awarded.
Each station to have 30 cones or tokens (for scoring purposes) At the end of each 2 or 3 mins, each group counts their total number of cones and member of staff will record it.

Feel free to adapt the stations depending on space, equipment to hand.


Class 5A
xxxxx
xxxxx
xxxxx
xxxxx
xxxxx
xxxxx

Class 5B

## Sack Race Relay

x6 sacks for each team. Child collects cone from hoop and runs back to team. Passes sack on to the next person.

## Class 5C

## Egg and Spoon Race

6 tennis rackets and beanbags
Relay to the end, collect a cone and run back to their team

## Class 6A

## Tennis Ball Throw

6 tennis balls
Each teams take it in turns to throw the ball as far as they can, collect ball and cone for each throw.

## Tunnel or Net Race

Relay race under/through net/tunnel to collect a cone. Return to their team.
Use a football goal net and peg into the ground

Class 6C

## Skipping Relay

6 skipping ropes. Skipping relay, collect a cone, return to their team


## Variations - baton relay; aim bean bag into target hoop

Active
Black Country

Creating a healthy, active region

